

What to Expect in Recovery after Your Procedure

Upon arrival to the recovery room you will be connected to monitors and your vital signs will be observed by your nurse for about 20 minutes. When you have awoken, you will be offered a drink and your nurse will provide you with your discharge instructions. Your physician will come to speak to you about your procedure and discharge you. If you feel that you will need someone with you when the physician is discussing your results, please let us know when we check you in at the front desk. You will be given a copy of your procedure report and discharge instructions, so you can review them later.

After leaving the facility, you will be able to eat something light. We recommend a breakfast such as eggs, toast or pancakes, or lunch such as soup or a sandwich. Since you received anesthesia, you are not allowed to drive, operate heavy machinery, sign any legal documents, or make important decisions. Return to your normal activity the following day. If you experience pain, fever, bleeding, or have any other questions or concerns you should call the doctor's office. There is always a doctor on call to speak with about concerns and can be reached at the office phone number, (908) 218- 9222.

You will receive a call the morning after your procedure from one of our nurses, beginning at 7:30 AM. They will be able to answer any questions you may have at that time.